



DINING

Campers dine in Dansbury Commons, the university student dining room. Nutritious all-you-can-eat meals are served, with salad and dessert bars.

CAMP CARE SERVICES

Our ESU Summer Camp Care Staff are first aid and CPR/AED certified. Summer Camp Care Staff will provide routine first aid services to the participants during the hours that camp is in session and will refer medical emergencies and illnesses to the Lehigh Valley Health Network-Pocono, located one block from campus.

MEDICAL INSURANCE

ESU does not provide individuals with medical insurance. Campers must provide their own medical insurance plans. ESU is not responsible for paying medical deductibles or hospital costs for any camper.

Register Online at: esu.edu/camps

DAILY SCHEDULE

CAMP FEATURES

- Cover every aspect of offensive baseball:
 - Hitting mechanics
 - Hitting stations
 - Live hitting
 - Bunt drills
 - Baserunning
- Cover every aspect of defensive baseball:
 - Pitching mechanics
 - Fielding mechanics
 - Throwing mechanics
 - Outfield player
 - Bunt coverage

Play teaching baseball games in the afternoon to put newly acquired skills into action

JOHN KOCHMANSKY
jkochmansky@esu.edu
570-422-3263

East Stroudsburg University of Pennsylvania is located in the beautiful Pocono Mountains in East Stroudsburg, Pennsylvania. ESU is 90 minutes west of New York City and two hours north of Philadelphia. You may also find directions through our website at esu.edu.

East Stroudsburg University of Pennsylvania is committed to equal opportunity for its students, employees and applicants. The university is committed to providing equal educational and employment rights to all persons without regard to race, color, sex, religion, national origin, age, disability, sexual orientation, gender identity or veteran's status. Each member of the university committee has a right to study and work in an environment free from any form of racial, ethnic and sexual discrimination including sexual harassment, sexual violence and sexual assault. (Further information, including contact information, can be found on the university's website at esu.edu/titleix).

In accordance with federal and state laws, the university will not tolerate discrimination. This policy is placed in this document in accordance with state and federal laws including Titles VI and VII of the Civil Rights Act of 1964, Title IX of the Educational Amendments of 1972, Sections 503 and 504 of the Rehabilitation Act of 1973, the Americans with Disabilities Act of 1990, and the Civil Rights Act of 1991 as well as all applicable federal and state executive orders.



For more information, assistance or special accommodations, please call 570-422-3061.

**EAST STROUDSBURG
WARRIORS**

Office of Conference Services
200 Prospect St
East Stroudsburg PA 18301-2999



**EAST STROUDSBURG
WARRIORS**



ESU
BASEBALL

2020 SUMMER CAMP

COACH K'S ALL SKILLS CAMP

JUNE 24 - 26

esu.edu/camps

PHILOSOPHY

East Stroudsburg University’s baseball camp is developmental in nature as players receive high quality instruction and guidance to improve their skills.

Players gain exposure to a college atmosphere working with informative coaches who will give feedback on camper’s technique and game strategies. Also, players will receive valuable advice on their skill level, including radar gun speed and running time.

GENERAL INFORMATION

- One coach for every 12 campers
- Camp T-shirt
- College-level instruction
- Indoor facility in event of rain
- All-you-can-eat lunch at ESU dining hall
- Swimming in indoor pool
- Daily drop-off: 9 a.m.
- Daily pick-up: 3 p.m.



CAMP STAFF



JOHN KOCHMANSKY

Baseball Head Coach

- 3 NCAA Tournament appearances (2011, 2013, 2016)
- 2013 PSAC champions
- 2015 PSAC runner-up
- 340 wins entering 13th season at ESU
- 6 players selected in MLB Draft, including Seattle Mariners pitcher Matt Festa
- 6 All-America and 20 All-Region selections

STAFF

JOE TOMACHICK

Pitching Coach

READ BROWN

Assistant Coach

BRANDON SNYDER

Assistant Coach

COST

Register Online at: esu.edu/camps

DAY CAMP
\$170/PLAYER

Make Checks Payable to:
ESU WARRIOR BASEBALL CAMP

Mail to: Office of Conference Services
200 Prospect Street, E. Stroudsburg, PA 18301

DEPOSIT/PAYMENT/CANCELLATIONS/REFUNDS

Please enclose a \$100 non-refundable deposit with all applications. Camp balance is due two weeks prior to the start of camp. Campers who leave during the course of the camp will receive a refund based on the number of days services were rendered.

All refund requests must be submitted in writing to the Office of Conference Services within 14 days of the last day of camp. No refunds will be issued to campers who were sent home for disciplinary reasons. No refunds will be issued after that time. Please allow six to eight weeks for processing of any refunds.

Medical documentation may be required for refund. Please send refund requests to conferences@esu.edu with the name of your child and camp they participated in.

ESU Warrior Sports Camps have contingency plans in the event of inclement weather, however, indoor practice facilities may be limited.

JOHN KOCHMANSKY

jkochmansky@esu.edu

570-422-3263

Register Online at: esu.edu/camps

BASEBALL

Please print clearly in ink.

PARTICIPANT

ADDRESS

CITY/STATE/ZIP

HOME/CELL

EMERGENCY PHONE

EMAIL

GRADE ENTERING (FALL 2020)

AGE

DOB

SCHOOL/TEAM

COACH

POSITION

T-SHIRT SIZE:
(PLEASE CIRCLE ONE)

ADULT: S M L XL
YOUTH: S M L

\$100 NON-REFUNDABLE DEPOSIT MUST
ACCOMPANY EACH REGISTRATION FORM

MEDICAL INSURANCE INFORMATION:

COMPANY NAME

POLICY NUMBER

GROUP NUMBER

NAME OF PARENT/GUARDIAN

I hereby authorize the camp staff of East Stroudsburg University to act for my son/daughter in their best judgment in any emergency situation. I also authorize my son’s/daughter’s attendance in ESU Warrior Sport Camp. I certify that he/she is in good health, and is able to participate in all camp activities. I understand that the camp staff, first responders, and university will not be held responsible for any injuries that occur on the way to, during or on the way home from ESU.

Parent/Guardian Signature