



## DINING

Campers dine in Dansbury Commons, the university student dining room. Nutritious all-you-can-eat meals are served, with salad and dessert bars.

## CAMP CARE SERVICES

Our ESU Summer Camp Care Staff are first aid and CPR/AED certified. Summer Camp Care Staff will provide routine first aid services to the participants during the hours that camp is in session and will refer medical emergencies and illnesses to the Lehigh Valley Health Network - Pocono, located one block from campus.

## MEDICAL INSURANCE

ESU does not provide individuals with medical insurance. Campers must provide their own medical insurance plans. ESU is not responsible for paying medical deductibles or hospital costs for any camper.

Register online at:  
[www.esu.edu/camps](http://www.esu.edu/camps)

# CAMP FEATURES

- Cover every aspect of offensive baseball: hitting mechanics, hitting stations, live hitting, bunt drills and baserunning.
- Cover every aspect of defensive baseball: pitching mechanics, fielding mechanics, throwing mechanics, outfield play and bunt coverage.
- Play teaching baseball games in the afternoon to put newly acquired skills into action.

### JOHN KOCHMANSKY

[jkochmansky@esu.edu](mailto:jkochmansky@esu.edu)  
570-422-3263

**East Stroudsburg University of Pennsylvania is located in the beautiful Pocono Mountains in East Stroudsburg, Pennsylvania. ESU is 90 minutes west of New York City and two hours north of Philadelphia. You may also find directions through our website at [www.esu.edu](http://www.esu.edu)**

East Stroudsburg University of Pennsylvania is committed to equal opportunity for its students, employees and applicants. The university is committed to providing equal educational and employment rights to all persons without regard to race, color, sex, religion, national origin, age, disability, sexual orientation, gender identity or veteran's status. Each member of the university community has a right to study and work in an environment free from any form of racial, ethnic, and sexual discrimination including sexual harassment, sexual violence and sexual assault. (Further information, including contact information, can be found on the university's website at [www.esu.edu/titleix](http://www.esu.edu/titleix).)

In accordance with federal and state laws, the university will not tolerate discrimination. This policy is placed in this document in accordance with state and federal laws including Titles VI and VII of the Civil Rights Act of 1964, Title IX of the Educational Amendments of 1972, Sections 503 and 504 of the Rehabilitation Act of 1973, the Americans with Disabilities Act of 1990, and the Civil Rights Act of 1991 as well as all applicable federal and state executive orders.



For more information, assistance or special accommodations, please call 570-422-3061.

**EAST STROUDSBURG  
WARRIORS**

Office of Conference Services  
200 Prospect St  
East Stroudsburg PA 18301-2999



# ESU

BASEBALL

## 2019 SUMMER CAMP

JUNE 26 – 28  
COACH K'S ALL SKILLS CAMP

[esu.edu/camps](http://esu.edu/camps)

# PHILOSOPHY

East Stroudsburg University's baseball camp is developmental in nature as players receive high quality instruction and guidance to improve their skills.

Players gain exposure to a college atmosphere working with informative coaches who will give feedback on campers' technique and game strategies. Also, players will receive valuable advice on their skill level, including radar gun speed and running time.

## GENERAL INFORMATION

- One coach for every 12 campers
- Camp T-shirt
- College-level instruction
- Indoor facility in event of rain
- All-you-can-eat lunch at ESU dining hall
- Swimming in indoor pool
- Daily drop-off: 9 a.m.  
Daily pick-up: 3 p.m.

# CAMP DIRECTOR



**JOHN KOCHMANSKY**  
Baseball Head Coach

- 3 NCAA Tournament appearances (2011, 2013, 2016)
- 2013 PSAC champions
- 2015 PSAC runner-up
- 300+ wins in 12 seasons at ESU
- 6 players selected in MLB Draft, including Seattle Mariners pitcher Matt Festa
- 6 All-America and 20 All-Region selections

## STAFF

**BRIAN ERNST**  
Pitching Coach

**BRANDON SNYDER**  
Assistant Coach

**READ BROWN**  
Assistant Coach

Knowledgeable in every aspect of the game including pitching and catching.

# COST

Register online at: [www.esu.edu/camps](http://www.esu.edu/camps)

## DAY CAMP

### \$170/PLAYER

**Make Checks Payable to:**  
ESU WARRIOR BASEBALL CAMP  
**Mail to:** Office of Conference Services,  
200 Prospect Street, E. Stroudsburg, PA 18301

## Deposit/Payment/Cancellations/Refunds

Please enclose a \$100 non-refundable deposit with all applications. Camp balance is due two weeks prior to the start of camp. Campers who leave during the course of the camp will receive a refund based on the number of days services were rendered.

All refund requests must be submitted in writing to the Office of Conference Services within 14 days of the last day of camp. No refunds will be issued to campers sent home for disciplinary reasons. No refunds will be issued after that time. Please allow six to eight weeks for processing of any refunds.

Medical documentation may be required for refund. Please send refund requests to [conferences@esu.edu](mailto:conferences@esu.edu) with the name of your child and camp they participated in.

ESU Warrior Sports Camps have contingency plans in the event of inclement weather, however, indoor practice facilities may be limited.

**JOHN KOCHMANSKY**  
[jkochmansky@esu.edu](mailto:jkochmansky@esu.edu)  
570-422-3263

Register online at:  
[www.esu.edu/camps](http://www.esu.edu/camps)

# BASEBALL

Please print clearly in ink.

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY/STATE/ZIP \_\_\_\_\_

HOME PHONE \_\_\_\_\_

EMERGENCY PHONE \_\_\_\_\_

EMAIL \_\_\_\_\_

GRADE ENTERING \_\_\_\_\_

AGE \_\_\_\_\_

DOB \_\_\_\_\_

SCHOOL/TEAM \_\_\_\_\_

COACH \_\_\_\_\_

POSITION \_\_\_\_\_

ADULT T-SHIRT SIZE: **S M L XL**

YOUTH T-SHIRT SIZE: **S M L**  
(please circle one)

**\$100 NON-REFUNDABLE DEPOSIT**  
MUST ACCOMPANY EACH REGISTRATION FORM

## Medical Insurance Information

COMPANY NAME \_\_\_\_\_

POLICY NUMBER \_\_\_\_\_

GROUP NUMBER \_\_\_\_\_

NAME OF PARENT/GUARDIAN \_\_\_\_\_

I hereby authorize the camp staff of East Stroudsburg University to act for my son/daughter in their best judgment in any emergency situation. I also authorize my son's/daughter's attendance in ESU's Warrior Sport Camp. I certify that he/she is in good health and is able to participate in all camp activities. I understand that the camp staff, first responders, and university will not be held responsible for any injuries that occur on the way to, during or on the way home from ESU.

PARENT/GUARDIAN SIGNATURE \_\_\_\_\_

